



# LOWTHER ARMS

18 RIBTON MOORSIDE, WHITEHAVEN, CUMBRIA, CA28 8PU

01946 695888



Starters	
Homemade Soup of the Day <i>served with a warm crusty roll</i>	£3.95
	£5.25
Haggis Bon Bon's <i>with a Dijon &amp; whiskey sauce</i>	£5.25
Black Pudding Stack <i>grilled goat's cheese &amp; black pudding topped with a red onion marmalade</i>	
Traditional Prawn Cocktail	£4.95
Chicken Liver Pate <i>pot of homemade pate served with toast</i>	£4.50
Creamy Garlic Mushrooms <i>served with a warm crusty roll</i>	£4.50
Garlic & Pepper Chicken Strips <i>served with a sweet chilli dip</i>	£5.50
Vegetable Teriyaki Kebabs <i>served with a crispy side salad</i>	£4.95

Traditional Favourites	
Chefs Homemade Steak & Ale Pie <i>served with a choice of chips or potatoes &amp; veg</i>	£9.95
Lasagne <i>served with chips &amp; garlic bread</i>	£8.95
Scampi <i>served with chips &amp; salad</i>	£9.50
Fish & Chips <i>served in a basket with a pot of mushy peas</i>	£9.95
Chilli & Rice <i>homemade chilli served on a bed of rice</i>	£8.50

Chefs Favourites	
BBQ Pulled Pork Croquette <i>filled with smoked cheese and served with chips and a crispy side salad</i>	£10.50
Sweet & Sticky Mango Chicken <i>served with rice or chips or half and half</i>	£10.50
Chicken Fajitas <i>served with tortilla wraps, guacamole, sour cream &amp; spicy wedges</i>	£9.95
Chicken Jal Frezi <i>served with chips or rice (or half and half) a poppadum &amp; mango chutney</i>	£10.50
Lamb Chops <i>served with spring onion mash, veg &amp; a rich Cumberland jus</i>	£11.50

Burger Bar	
Triple Decker Burger <i>3 x 4oz burgers with streaky bacon, grilled cheese &amp; salad</i>	£11.50
Lamb & Mint Burger <i>with yoghurt &amp; mint dressing and a crispy salad</i>	£10.50
Traditional Cheeseburger <i>8oz steak burger topped with grilled cheese, crispy salad and burger relish</i>	£9.95
BBQ Pulled Pork Burger <i>4oz steak burger topped with BBQ pulled pork and crispy salad</i>	£11.50
<i>All our burgers are served in a brioche bun with a salad garnish and homemade chips</i>	

From the Grill	
12oz Gammon Steak <i>topped with either egg or pineapple</i>	£10.95
Cumberland Sausage <i>served with mushrooms, onion rings &amp; tomatoes</i>	£10.50
BBQ Ribs & Wings <i>served with coleslaw</i>	£12.95
10oz Ribeye Steak <i>served with mushrooms, onion rings &amp; tomatoes</i>	£15.95
8oz Rump Steak	£12.95
16oz Rump Steak <i>served with mushrooms, onion rings &amp; tomatoes</i>	£15.95
<i>Upgrade to Surf &amp; Turf - add £2.50</i>	
Mixed Grill <i>½ gammon, lamb chop, Cumberland sausage, black pudding, steak (4oz), pork chop, tomatoes, egg, mushrooms &amp; onion rings</i>	£16.95
Add a Sauce <i>choose from:</i> Peppercorn Diane Stilton	£2.00
<i>All served with homemade chips &amp; salad</i>	

Vegetarian & Pasta	
Vegetable Fajitas <i>served with tortilla wraps, guacamole, sour cream and spicy wedges</i>	£9.50
Mushroom Stroganoff <i>served with rice or chips or half and half</i>	£8.50
Cajun Chicken Pasta	£10.50
Spaghetti Carbonara <i>with chicken &amp; bacon</i>	£10.50
Salmon & Chorizo Tagliatelle	£12.50

Sides	
Chips	£2.50
Onion Rings	£2.50
Sweet Potato Fries	£3.50
Garlic Bread	£2.50
Cheesy Garlic Bread	£3.50
Coleslaw	£2.00
Curly Fries	£2.50
Wedges	£3.50

Room for Pudding?	
Cheesecake of the Day	£5.50
Sticky Toffee Pudding	£5.50
Chocolate Fudge Brownie Sundae	£5.50
<i>See Specials Board for More</i>	

Why not try our Afternoon Teas?	
Freshly homemade sandwiches, assorted cakes, sausage rolls, plain & fruit scones with jam & fresh cream <i>with tea &amp; coffee</i>	£12.50
<i>with Prosecco</i>	£14.95
<i>Please note, we need 48 hours notice for afternoon teas</i>	

Sunday Roast (served from 12 - 3)	
<i>Selection of freshly roasted meats, accompanied by: Creamy mashed potato, a selection of seasonal vegetables, roast potatoes and Yorkshire pudding.</i>	
<i>1 course: £8.00</i>	
<i>2 course: £9.95</i>	
<i>3 course: £12.45</i>	
<i>Go Large: £10.00 (main course only)</i>	
<i>Take Away: £7.00</i>	

### Allergy Advice

Please be advised that the food on these premises may contain one or more of the following main food allergies. These could be: **Celery, Gluten, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame Seed, Soya or Sulphur Dioxide.** Before placing your order, please speak to a member of staff about your requirements, who will be happy to help. Many thanks